

DEPARTMENTS OF PSYCHIATRY UNIVERSITY OF THE WITWATERSRAND



UNIVERSITY OF THE WITWATERSRAND 29TH ANNUAL PSYCHIATRY RESEARCH DAY

On the 21st of June 2017, the Department of psychiatry at University of the Witwatersrand, hosted its 29th annual Research Day at the Sunnyside Park Hotel in Johannesburg. Associate Professor Janse Van Rensburg was the over-seer of the Registrars in their second year, as they were organising the event. The aim of this event was to empower all stakeholders by sharing new information amongst those present.

Professor Charles Feldman was the keynote speaker for the day and he presented on "Breathing Life into Medicine: Research in a Clinical Environment" which was a very fascinating topic. Charles Feldman is the Professor of Pulmonology and Chief Physician

at the Charlotte Maxeke Johannes-burg Academic Hospital and Faculty of Health Sciences, University of Witwatersrand. He obtained his undergraduate degree from the University of Witwatersrand in 1975, and successively his PhD in 1991 and DSc in 2009. The attendees participated and showed great interest towards the presentations. Of all the topics presented, Dr. Thuli Mdaka's topic which was "Long term outcomes of psychiatric patients initiated on antiretroviral therapy (ART) at Luthando clinic in 2008 - 2010" was the winning topic. Dr Nel and Dr. Jonsson supervised Dr Thuli Mdaka's research. SASOP sponsored the delightful prize that was awarded to the winner.



Keynote speaker, Prof Charles Feldman



Prof. Christopher Szabo (Right) HOD congratulating one of the committee members Dr Jess Taylor



Adjudicators of the day: Prof's Gill Nelson and Geoff Candy



Chairperson of Research Committee: Dr. Phil Pitjeng

OPENING - PROF SZABO	
Prof Charles Feldman	KEY NOTE - BREATHING LIFE INTO MEDICINE: RESEARCH IN A CLINICAL ENVIRONMENT
NAME	TOPIC
Sapinoso R	Internalized Stigma Among Psychiatric Outpatients
Anic A	Prevalence and patterns of substance use amongst psychiatric inpatients at Helen Joseph Hospital
Eklektos N	An assessment of childhood trauma in a group of state patients admitted to Sterkfontein Hospital
Galesitoe L	Retrospective record review of adolescents admitted to an inpatient psychiatric unit
Lowton K	Assessing the clinical utility of the severity dependence scale (SDS) for benzodiazepine use disorder at a Johannesburg outpatient psychiatric clinic
Maisto A	Screening for antenatal depression in women attending the CHBAH antenatal clinic
Mhlane T	A psychosocial profile of children referred to Sterkfontein Hospital for assessment of criminal responsibility under the Child Justice Act (75 of 2008)
Tlolane T	Clinical profile, service utilization and follow-up of patients attending Za-mani Dual Diagnosis Clinic
TEA	
Chawane N	A record review of the profiles of alleged sex offenders and outcomes of their observations in a forensic psychiatric unit
Govender M	A review of individuals charged with common assault and assault with intent to do grievous bodily harm, referred for forensic psychiatric observation
Mdaka T	Long term outcomes of psychiatric patients initiated on anti-retroviral therapy (ART) at Luthando clinic in 2008-2010
Tonyane G	Treatment-resistant schizophrenia at Chris Hani Baragwanath Academic Hospital psychiatry adult outpatient clinic
Letlotlo B	Neuro-imaging studies in psychiatry in-patients at the Charlotte Maxeke Johannesburg Academic Hospital
Prize giving and closure	
LUNCH	

ART EXHIBITION

Prof. Ugash Subramaney was one of the featured artists at the 42nd annual art exhibition of the Health Professionals Art Group which took place at the Adler Museum in the Faculty of Health Sciences at Wits on the 15th August 2017.



Works by Ugash Subramaney



Bernard Levinson & Ugash Subramaney

FORENSIC PSYCHIATRY - SUBSPECIALIST QUALIFICATION

Dr Naseema Cassimjee passed the first ever certificate in Forensic Psychiatry exams in South Africa. The exams were hosted at Sterkfontein Hospital, under the auspices of the College of Psychiatrists (Colleges of Medicine of South Africa)



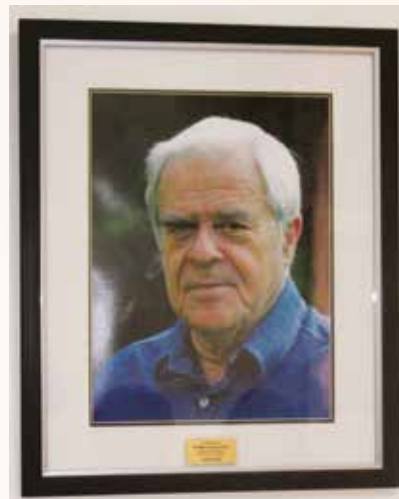
From L-R: Mo Nagdee, Naseema Cassimjee, Tuviah Zabow, Ugash Subramaney, Funeka Sokudela, Sean Kaliski

RESEARCH AND LEARNING CENTRE AT STERKFORTEIN HOSPITAL

The opening of the new Research and Learning Centre at Sterkfontein Hospital took place on Wednesday the 27th September 2017. The audience were welcomed by Prof. Ugash Subramaney, Head of Clinical Department at the Hospital.

The guest speaker was Prof. Lee Berger (Research Professor in Human Evolution and the Public Understanding of Science Evolutionary Studies Institute, University of the Witwatersrand, Johannesburg, South Africa and Explorer-in-Residence The National Geographic Society Washington D.C, United States of America). Dr. Ralf Brummerhoff, a psychiatrist at Sterkfontein Hospital, gave a presentation on the history of Sterkfontein Hospital.

The centre was then formally opened by Prof. M. Lukhele (Head of School – Faculty of Health Sciences) and Mr. J. Mapunya (CEO- Sterkfontein Hospital). It is anticipated that the Centre will be named after Dr Mike Ewart Smith. The event was sponsored by Astra Zeneca Pharmaceuticals (Pty) Ltd – and sanofi-aventis South Africa (Pty) Ltd.



Mike Ewart Smith



Opening of Centre



L-R : Lee Berger, Ugash Subramaney, Christopher Paul Szabo

SERVICE EXCELLENCE AWARD AND HERITAGE CELEBRATION AT TARA HOSPITAL



‘CELEBRATING EXCELLENCE IN THE WORKPLACE’

On the 29th of September 2017, Tara Hospital hosted the Service Excellence Awards and Heritage Day Ceremony. Staff members gathered at the hospital recreational hall dressed in traditional attire; under the theme “Excellence in the workplace”. Ms. Lebo Mkhethoni outlined the purpose of celebrating Heritage Day as a celebration of South Africa’s “rich, proud and diverse heritage”. She said that although South Africans speak different languages, practice different beliefs and engage in different cultural practices, we are bound by a common African heritage.

The purpose of the event is to recognize and reward staff members who go the extra mile in contributing to the overall success of Tara Hospital. It recognizes individuals who promote the six ministerial priorities and the Batho Pele principles that guide our service to the public. Further the awards aim to acknowledge and uphold the vision and the mission of the hospital which is to provide quality care to our patients and to motivate, uplift and improve the morale of our staff members.

Mr Siphile Buthelezi; Director of the Buthelezi Vilakazi Attorneys addressed staff members during his motivational talk. His inspiring talk was about his life as a taxi driver before obtaining his LLB degree which he graduated with distinction.

Many employees were awarded for their outstanding performance in ensuring that the service we offer to

our patients is excellent. The Employee of the year was awarded to Mr. Ronald Makamu, an employee who has portrayed a positive attitude towards his work, and a striving for excellence. Mr. Ronald Makamu is an individual who goes beyond the call of duty and is always available when needed. Before announcing the winner, the CEO mentioned that all the nominees for the CEO’s award of ‘employee of the year’, were winners. Ward 4&5 and the Property Caretakers were awarded the best Clinical Unit in Cleanliness, and the Best Improved Team respectively.

The Bapedi, Vatsonga and Basotho dancers performed their traditional dances on stage. This was to encourage the staff to celebrate not only their own cultural traditions, but also the diversity of cultures, beliefs and traditions that make up our community.

With the contribution of one of our neighbours Mr De- Roos; Old Mutual, the Saxon Hotel, Nchama Construction, and Mfanyana Security, the event was a great success. Thank you from the Tara Team.

Article by: Ms. Vuledzani Munzhelele,
 Communications Officer- Tara Hospital
 011 535 3010/ 071 611 6734
 Munzhelele.vuledzani@gauteng.gov.za
 Follow us on Facebook (Tara the H Moross Centre)
 Twitter @Tarahospital

Edited by: Mr Jonathan Percale,
 Psychology Head of Department

NURSING CATEGORY	ADMINISTRATION CATEGORY	SUPPORT CATEGORY	CLEANING CATEGORY	CLINICAL CATEGORY
3rd prize - Fortunate Nkosi 2nd prize - Keletso Mati 1st prize - Buyi Ndlovu	3rd Prize - Synesta M khondelela 2nd Prize -Tebogo Nkala Molepo 1st Prize - Mbuyiseli Sonjani	3rd prize - Faezz Cassim 2nd prize - Eunice Hlongwane 1st Prize - Ronald Makamu	3rd Prize -Thembi Hlongwane 2nd Prize -Joyce Kubjane 1st Prize -Dinah Shilange	1st prize - Belinda Marais

BEST CLINICAL UNIT IN CLEANLINESS	BEST IMPROVED TEAM	BEST MANAGER	EMPLOYEE OF THE YEAR
Ward 4/5	Property Caretakers	Mary Mosima	Ronald Makamu



UNIVERSITY OF CAPE TOWN



NEW HONORARY SENIOR LECTURER IN THE DIVISION OF CHILD & ADOLESCENT PSYCHIATRY AT THE UNIVERSITY OF CAPE TOWN BRINGS HOPE FOR AUTISM INTERVENTIONS IN AFRICA



We are delighted to announce the appointment of Dr Lauren Franz, from Duke University in the USA, as Honorary Senior Lecturer in the Department of Psychiatry and Mental Health at UCT.

Dr Lauren Franz

Lauren was born in South Africa and specialised in Medicine training in Public Health, Psychiatry, Child & Adolescent Psychiatry and Global Health. She is now a Child and Adolescent Psychiatrist and Assistant Professor of Psychiatry and Global Health at Duke University. Dr Franz's research focuses on improving access to evidence-based treatment for neurodevelopmental disorders, including autism spectrum disorders, in sub-Saharan Africa and other low-resource settings.

MENTAL ILLNESS AN INCREASINGLY UNBEARABLE BURDEN FOR SOUTH AFRICAN ECONOMY



In anticipation of World Mental Health Day (WMHD) on 10 October 2017, the Alan J Flisher Centre for Public Mental Health hosted a roundtable discussion on Economy, Equality & Access to Mental Health Services at the Baxter's Masambe Theatre in Cape Town on the 3rd. Chaired by the Centre's Co-director, Prof Ashraf Kagee from Stellenbosch University, the presentations and lively discussions touched on many aspects related to the need for sustainable solutions to South Africa's mental health treatment gap. Addressing the international WMHD theme, the Centre's other Co-director, Prof Katherine Sorsdahl from the University of Cape Town, spoke about mental health in the workplace.

Also from the Centre, Ms Sumaiyah Docrat, in her presentation made an economic case for investing in mental health in South Africa. Mrs Ingrid Daniels, the Director of Cape Mental Health, continued the discussion by speaking on the consequences of an event like the Life Esidimeni tragedy. Other presenters on the day included Prof Petrus de Vries, Professor of Child & Adolescent Psychiatry at the University of Cape Town, Dr Simone Honikman and Charlotte Mande Ilunga from the Perinatal Mental Health Project, Dr Jo Hart and Dr Lucie Byrne-Davis from the University of Manchester and Prof Lou-Marie Kruger from the University of Stellenbosch.

Discussions forthcoming from the event shows a desperate need for in-depth investment by the South African government into sustainable mental healthcare.

To access recordings of all the presentations as well as the PowerPoint slides, please visit the event website at www.cpmh.org.za/wmhd.

FIRST REGIONAL IMFAR IN AFRICA



Above: Prof Petrus de Vries and his research team

From 7-9 September 2017 a unique congress was held at Spier Wine Estate in Stellenbosch. The South African Association for Child & Adolescent Psychiatrists and Allied Professions (SA-ACAPAP) joined forces with the International Society for Autism Research (INSAR) and the African Association of Child & Adolescent Mental Health (AACAMH) to host an Africa Regional IMFAR (International Meeting for Autism Research) and African Child & Adolescent Mental Health Congress.

The meeting was attended by over 300 participants from more than 25 mainly African countries. The meeting included pre-congress workshops, symposia, oral presentations and a very lively poster presentation session. The main funders of the event was INSAR, Autism Speaks and the Duke Global Health Institute.

SEFAKO MAKGATHO HEALTH SCIENCES UNIVERSITY



AWARD ETHEL THEKISO



14 – 17 September 2017
 Lord Charles Hotel, Somerset-West
 Western Cape, South Africa
www.biopsychsa.co.za

Certificate of Excellence

Awarded to

Dr Ethel Thekiso

For Best Registrar Presentation

“Prevalence of Clinical features of Depression in adult patients receiving antiretroviral treatment at the Dr George Mukhari Academic Hospital Tshepang HIV Clinic”

at

The Biological Psychiatry Congress
 Lord Charles Hotel, Somerset West
 14 – 17 September 2017

Seedat

Prof Soraya Seedat

Stellenbosch University, South Africa
 Chairperson: Organising Committee
 Biological Psychiatry Special Interest Group
 South African Society of Psychiatrists (SASOP)



Ethel Thekiso