The Department hosted a 3 day seminar (21st - 23rd September) in collaboration with the University of British Columbia (UBC) and funded by the Wits Donald Gordon Medical Centre (WDGMC). A range of lectures were presented, by both local and international speakers, covering a range of topics related to neuropsychiatry.

These included traumatic brain injury/post-concussion syndrome, dementia (neuropsychiatric aspects/neuropathology/neurogenetics), HIV related neurocognitive disorder and epilepsy. Local psychiatrists presented relevant case material. The event was held at the WDGMC but also included presentations at Tara Hospital and Milpark Hospital.

Dr Gregory Jonsson developed the program and coordinated the seminar on behalf of the Department’s Neuropsychiatry working group and the WDGMC.

Comments from the UBC attendees included those received from Annie Kuan

“Thank you so much for organizing the seminar and for the great hospitality. It was nice to meet everyone, and Jo’burg has been an amazing experience”

and from Islam Hassan

“...let me also express my appreciation for the warm hospitality and stimulating academic interaction. It has been a rich experience on numerous levels and I look forward to future collaboration.”

The intention is host an annual seminar in collaboration with UBC and the WDGMC.
The organising committee of the University of the Witwatersrand’s Faculty of Health Sciences Research Day invited the Department of Psychiatry’s Ugash Subramaney and Lesley Robertson to participate in a round table discussion on the topic of: “Are we winning the fight in managing mental health issues in the country?”. Other panelists included Professor Daleen Casteleijn (OT, Therapeutic Sciences) Dr Nkozo Nkonto (Registrar, School of Public Health) and Dr Gail Langley (Psychiatric nurse from the Wits School of Nursing, retired).

Issues raised by the panelists included:
1. Changes (for better or worse) in managing mental health issues in the country in the last five years?
2. Priorities to be considered in the management of mental health issues in the country in the next five years.
3. Will the additions in the new sustainable development goals be sufficient to put the spotlight on mental health issues in South Africa?

Lively discussion was held with regard to these issues and the entity of public mental health and community psychiatry was again at the forefront.

The Department hosted a 3 day workshop (27th - 29th July 2016) presented by Julian Stern, Director of Adult and Forensic Services; and Consultant Psychiatrist in Psychotherapy at the Tavistock Centre London, UK. The workshop comprised a series of lectures related to an innovative Primary Care Psychotherapy Consultation Service located in the London Boroughs of Hackney and the City (Stern J, Hard E, Rock, B. Paradigms, Politics and pragmatics: psychotherapy in primary care in City and Hackney - a new model for NHS. Part 1: the historical, political and economic drivers behind the creation of the service. Psychoanalytic Psychotherapy 2015; 29(2): 117-138) as well as case presentations by staff within the Department.

Adj Prof. Subramaney successfully completed all the requirements of the TAU Fellowships Programme (2015-2016).
**UNIVERSITY OF KWA-ZULU NATAL**

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**ACTING HEAD OF DEPARTMENT**

Prof. Jonathan K Burns left UKZN at the end of July 2016 and has joined the University of Exeter, UK, from 1 September 2016.

Dr Suvira Ramlall was appointed as Acting Head of Department with effect from 1 August 2016.

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**THH 12/2016**

**TOWN HILL HOSPITAL**

**DIRECTORATE:**

**HUMAN RESOURCE**

### Post

- Medical Specialist Psychiatrist Grade 1, 2 or 3 (4 posts)

### Centre

- Townhill Hospital

### Reference

**THH 12/2016**

### Remuneration

<table>
<thead>
<tr>
<th>Grade</th>
<th>Salary</th>
<th>Experience</th>
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<tr>
<td>1</td>
<td>R 924 378.00 P.A.</td>
<td>Not applicable</td>
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<tr>
<td>2</td>
<td>R 1 056 915.00 P.A.</td>
<td>5 years appropriate experience as a Medical Specialist after registration with HPCSA as a Medical Specialist</td>
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<tr>
<td>3</td>
<td>R 1 226 595.00 P.A.</td>
<td>10 years appropriate experience as a Medical Specialist after registration with HPCSA as a Specialist</td>
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### Other benefits

- A fixed commuted overtime PLUS 13th cheque
- Medical Aid (optional)
- Housing allowance (employee must meet prescribed Requirements)
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**MINIMUM REQUIREMENTS:**

- Registered as a Specialist Psychiatrist with the HPCSA.
- Qualifications: FCPsych (SA), MMed(Psych) or equivalent.
- Code 08 driver’s license

**OTHER REQUIREMENTS**

- Computer Literacy: Word, Spreadsheet, Presentation and search engine software applications.

**KNOWLEDGE, SKILLS TRAINING AND COMPETENCIES REQUIRED**

- Clinical, administrative and management abilities.
- Experience and knowledge of mental health legislation and other documents.
- Polices and practices relevant to the organization of mental health services.
- Knowledge of teaching and training health care professionals in mental health.
- Leadership, communication and organizational skills.
- Programme planning, implementation and evaluation.
- Knowledge and ability to develop programmes focused on psychosocial rehabilitation and the management of substance abuse comorbidity with mental illness.
- Management of human resources, experience in providing expert opinion in psychiatry, clinical research skills and computer literacy.

**KEY PERFORMANCE AREAS**

- Provide specialist psychiatric care, assessments and evaluations of mental health care users (MHCUs) both in institutions and community where indicated.
- Provide academic teaching and clinical training to students and trainees in Medical, Nursing and Allied Health Professions.
- Provide specialist advice, guidance and training to clinical paramedical and management staff both within the tertiary services and as part of Outreach to Area 2.
- Participate in the development of clinical management guidelines, protocols and referral pathways for the management of MHCUs.
- Attend to administrative matters as pertains to the inpatient and outpatient services.
- Ensure the effective, efficient and economical use of allocated resources irrespective of human resources.
- Stimulate, participate in and supervise research.

**ENQUIRIES**

: Dr SRH Maharaj on 033-341 5654
UNIVERSITY OF CAPE TOWN

DR SIMONE HONIKMAN
- BOARD ELECTION

Dr Simone Honikman, director of the Perinatal Mental Health Project, in the Alan J Flisher Centre for Public Mental Health, UCT, has been elected on to the Board of the International Marcé Society for Perinatal Mental Health, which is a key global body in the field. Simone is the first African board member. She and her colleagues continue to provide a wide range of innovative clinical services, while also conducting training, research and advocacy work. Details about the project may be accessed at www.pmhp.za.org

ANTOINETTE BURGER
BEST ORAL PRESENTATION

Antoinette Burger, a PhD student of Fleur Howells, our Sarah Turoff Lecturer in Neuroscience, won the best oral presentation at the Young Scientists Competition at the recent African College of Neuropsychopharmacology (AfCNP) meeting.

DR DEIRDRE PIETERSE
SENIOR REGISTRAR

Dr Deirdre Pieterse, senior registrar in Consultation Liaison Psychiatry, received a full travel award to attend the annual European Association for Psychosomatic Medicine conference in Sweden.

DR PIETER NAUDE
- POST DOC

Dr Pieter Naude, a post-doc in the Division of Psychopharmacology & Biological Psychiatry, has won a Brain-Behaviour Foundation Junior Investigator Award for his work in the area of neuro-inflammation.

INTERNATIONAL MEETING FOR AUTISM RESEARCH (IMFAR)

PANEL ON TUBEROUS SCLEROSIS

The International Meeting for Autism Research (IMFAR) is the premier annual international conference on autism spectrum disorder. A team from the University of Cape Town, led by Prof Petrus de Vries, were selected to present a panel on Tuberous Sclerosis Complex (TSC). The panel included a presentation on an animal model of TSC (Dr Robert Waltereit, Germany), clinical trials of TSC (Dr Mustafa Sahin, USA), executive skills in TSC (Loren Leclezio, UCT) and biomarker development in autism and TSC (Dr Tosca Heunis, Stellenbosch).
WALTER SISULU UNIVERSITY

DR INGRID ELOFF
MMED PSYCHIATRY DISSERTATION

Dr Ingrid Eloff recently completed her MMed Psychiatry dissertation:

“Switching from First to Second Generation Antipsychotics: Findings in an Eastern Cape Psychiatric Hospital”

Dr Eloff will remain in the Eastern Cape Department of Health as a state employed psychiatrist.

FORENSIC PSYCHIATRY
- SUB SPECIALIST REGISTRATION

Dr Hester Jordaan, Profs Mo Nagdee and Helmut Erlacher have Forensic Psychiatry subspecialist registration.

HPCSA ACCREDITATION VISIT
- SUB SPECIALITY TRAINING IN FORENSIC PSYCHIATRY

Fort England Hospital (Grahamstown) is awaiting finalisation of the accreditation process.

PoPSTARS
MULTIDISCIPLINARY INITIATIVE

Introducing PoPSTARs, A WSU-Dora Nginza Hospital Multidisciplinary Initiative: This initiative was started by the WSU Department of Psychiatry in Port Elizabeth in early September 2016 targeting teenage pregnancy in high school learners.

IT HAS BEEN TERMED THE PREVENTION OF PREGNANCY – STARS PROGRAMME (POPSTARS PROGRAMME).

The learners chose this name for the programme to indicate their active involvement in preventing teenage pregnancy. They see themselves as promoters of responsible sexual behaviour and planned parenthood but wanted a different spelling to set them apart from popstars in the entertainment industry.

It is run in the form of weekly MDT facilitated interactive group workshops with pupils and Life Orientation (LO) teachers of 3 schools over a period of 6 weeks. It is done in collaboration with the WSU-DNH Departments of Psychiatry and Obstetrics and Gynaecology and focuses on Grade 8 and 9 learners.

A total of 40 children have been enrolled for the first intake and 3 sessions have been conducted so far with the last session scheduled for end October. An annual follow-up of the 40 initial PoPSTARs will be done until they reach Grade 12, recording their progress in terms of:

a. school performance,

b. rates of pregnancy or fathering children while at school